



2026

Morning Start Times

As we get back into the school routine, please remember our morning start times. These are the times children should be **in their classroom ready to start their day** to avoid being marked tardy.

- **8:00 am:** Infant, Toddler, Primary
- **8:15 am:** Lower El, Upper El, Secondary



Call for Coaches!

Girls on the Run (GOTR) at Adeline Montessori is seeking volunteer coaches to lead our after-school program on Mondays and Wednesdays from 3:30–4:45 PM. See flyers below for full details.

Health Reminders

The flu typically spikes in the first 2 weeks of January as we all return to school and work after the holiday gatherings. We are only at 60% of the peak expected.

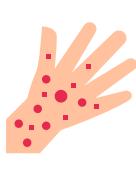
In the last **24 hours**, if your child has...

had a fever of 100.4 or above without medication...

vomited...

had diarrhea...

had a rash...



PLEASE KEEP THEM HOME.

Help us keep our community healthy!

Important Dates



- Thu 8** - Skateland Night!
- Mon 12** - After-School Clubs Resume
- Wed 14** - Conscious Discipline
- Thu 15** - Family Engagement Meeting
- Fri 16** - Jefferson Bus Route Last Day
- Mon 19** - No School / No Childcare
- Tue 20** - Monthly Board Meeting
- Thu 29** - Family Engagement Meeting

**Don't Miss
This Thursday!**



Secondary of Adeline

Presents:

*Skateland
Nights*



- 5:30pm-8pm
- Say "I'm with Adeline" at the door
- \$10 per person

Dates

October 2nd

January 8th

March 12th

May 7th

Join us at 1931 E Main Street,
Waukesha, WI 53186

Winter Gear

Remember the outdoor gear you brought home before Winter Break? It's time to bring it back to school!



Please remember to send your child to school with a warm coat, hat, gloves or mittens, boots, and snow pants when needed. Students go outside for recess whenever conditions allow.

Please ensure ALL ITEMS are labeled with your child's name.



Jefferson Bus Route

Due to the low number of students using the Jefferson Bus route, we will not be able to continue running this route for the second semester. **The last day of the Jefferson route will be Friday, January 16th.**

For those families who paid for the full year, a refund will be credited to your account on this date. Please take the next two weeks to make other transportation arrangements and let us know if you need assistance coordinating carpools.



Help Us Plan the Kentucky Derby Gala!

We are thrilled to announce that Adeline Montessori will be hosting its first annual Kentucky Derby Family Brunch on April 26, 2026, a festive, family-friendly event will feature a brunch buffet, drink packages, a silent auction, a wine pull, raffles, fun activities, and community spirit. See *the flyer below for full details*.

We are seeking enthusiastic volunteers to join the Gala Committee and play a behind-the-scenes role in making this signature event unforgettable. We need help with organizing such things as:

- donation derby race
- wine pull
- raffle prizes
- decor & supplies
- sponsorship outreach
- event promotion & social media
- running activity & food tables
- set-up / clean-up

Whether you're a natural connector, a creative thinker, or simply passionate about our school, there's a role that fits your interests and availability. If you've ever wanted to get more involved and make a meaningful difference, this is your moment. We'd love to have you join us in creating an event to remember.

If you are interested in volunteering, donating, or sponsoring, please email the Gala Chairs at gala@adelinemontessori.com.



Adeline Montessori School



Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
	<p>Menu Subject to Change Without Notice</p> <p>* May Contain Pork</p> <p>^ Indicates Made from Scratch Entree</p>				
5 Pancakes & Sausages* or Chicken Tenders w/ Dip Crispy Tator Tots Fresh Garden Salad Hot Cinnamon Apples Assorted Milk	6 Nachos w/Cheese & Taco Meat** or Pizza Crunchers w/ Sauce Seasoned Potato Wedges Fresh Garden Salad Chilled Mixed Fruit Assorted Milk	7 Homestyle Turkey & Gravy w/ Dinner Roll ^ or Stuffed Crust Pepperoni Pizza Mashed Potatoes & Gravy Fresh Garden Salad Chilled Diced Peaches Ice Cream Cup Assorted Milk	8 Creamy Macaroni & Cheese* or Crispy Chicken Nuggets Sweet Garden Peas Fresh Garden Salad Chilled Diced Pears Assorted Milk	9 Mandarin Orange Chicken Steamed Brown Rice or Personal Pan Pizza Oriental Vegetable Blend Fresh Garden Salad Pineapple Tidbits Fresh Baked Cookie Assorted Milk	Cal 598 T.Fat 16.54 G S.Fat 5.5 G Chol 43.3 Mg Sodm 1018.29 Mg Carb 88.72 G Fiber 6.2 G Prtn 25.20 G Iron 2.68 Mg
12 Waffle Sticks & Sausage or Popcorn Chicken Oven Baked Hashbrowns Fresh Garden Salad Sliced Strawberries Assorted Milk	13 Hard / Soft Shell Tacos** or Bosco Sticks w/ Sauce Whole Kernel Corn Fresh Garden Salad Chilled Mixed Fruit Assorted Milk	14 Homestyle Meatloaf w/ Dinner Roll or French Bread Cheese Pizza Mashed Potatoes & Gravy Fresh Garden Salad Chilled Diced Peaches Ice Cream Cup Assorted Milk	15 Spaghetti w/ Meat sauce** w/ Garlic Bread Garlic Bread or Cheeseburger on a Bun Garden Fresh Green Beans Fresh Garden Salad Chilled Applesauce Assorted Milk	16 Personal Pan Pizza or Chicken Patty on a Bun Glazed Carrot Coins Fresh Garden Salad Chilled Diced Pears Fresh Baked Cookie Assorted Milk	Cal 644 T.Fat 17.97 G S.Fat 5.4 G Chol 50.7 Mg Sodm 1006.41 Mg Carb 92.33 G Fiber 6.8 G Prtn 30.20 G Iron 3.39 Mg
19 	20 Walking Taco or Chicken Tenders w/ Dip Mixed Vegetables Fresh Garden Salad Chilled Mixed Fruit Assorted Milk	21 Baked Chicken Drumstick w/ Dinner Roll or Stuffed Crust Cheese Pizza Mashed Potatoes & Gravy Fresh Garden Salad Chilled Applesauce Ice Cream Cup Assorted Milk	22 Spaghetti w/ Meatballs** w/ Garlic Bread Garlic Bread or Bosco Sticks w/ Sauce Sweet Garden Peas Fresh Garden Salad Chilled Diced Pears Assorted Milk	23 Sweet & Sour Chicken Steamed Brown Rice or Pigs in a Blanket Steamed Broccoli Fresh Garden Salad Mandarin Oranges Fresh Baked Cookie Assorted Milk	Cal 559 T.Fat 15.26 G S.Fat 4.8 G Chol 44.9 Mg Sodm 944.04 Mg Carb 80.50 G Fiber 7.0 G Prtn 26.95 G Iron 3.24 Mg
26 French Toast Sticks & Turkey Sausage Links or Popcorn Chicken Oven Baked Hashbrowns Fresh Garden Salad Hot Cinnamon Apples Assorted Milk	27 Hard / Soft Shell Tacos** or Crispy Chicken Nuggets Whole Kernel Corn Fresh Garden Salad Chilled Applesauce Assorted Milk	28 Salisbury Steak & Gravy w/ Dinner Roll or Stuffed Crust Pepperoni Pizza Mashed Potatoes & Gravy Fresh Garden Salad Chilled Diced Peaches Ice Cream Cup Assorted Milk	29 Lasagna Roll-Up Garlic Bread or Cheeseburger on a Bun Garden Fresh Green Beans Fresh Garden Salad Chilled Diced Pears Assorted Milk	30 Bacon Cheese Burger* or Grilled Cheese Sandwich w/ Tomato Soup^ Mixed Vegetables Fresh Garden Salad Chilled Mixed Fruit Fresh Baked Cookie Assorted Milk	Cal 583 T.Fat 15.61 G S.Fat 5.3 G Chol 56.2 Mg Sodm 1099.59 Mg Carb 83.33 G Fiber 6.2 G Prtn 28.98 G Iron 2.78 Mg

Free and Reduced Meal

Applications Can be Filled Out or
Obtained all Year Online or Can be Picked Up
From all School Offices.
Or Contact the
Food Service Dept. at
968-6300 x5319

The Kettle Moraine School District does not discriminate on
the basis of sex, race, color, religion, creed, age, national
origin, ancestry, sexual orientation, pregnancy, marital status
or parental status, sexual or disability. This institution is an
equal opportunity provider.



Conscious Discipline®



Learn how to increase connection, self-regulation and positive behavior management in your home, resulting in a happier and healthier home environment. Come for one, two, or all of them!

SEP 17 **COMPOSURE**

Being the person you want to become



OCT 15 **ASSERTIVENESS**

Setting limits respectfully

NOV 19 **ENCOURAGEMENT**

Noticing, Accepting, & Connecting with Children

JAN 14 **CHOICES**

Building self-esteem and willpower

FEB 18 **EMPATHY**

Teaching children to manage their emotions

MAR 18 **POSITIVE INTENT**

Creating teaching moments

APR 15 **CONSEQUENCES**

Helping children learn from their mistakes



ALL CLASSES DATES ARE ON WEDNESDAYS 5:00-6:30 PM

Bring Girls on the Run to your school or community!

New program Site Information



Inspiring girls in 3rd-8th grade to be
joyful, healthy, & confident
across 7 Southeastern Wisconsin counties.



Grades
3rd-5th

Participants learn how to:

- Manage emotions
- Help others
- Make intentional decisions
- Resolve conflict

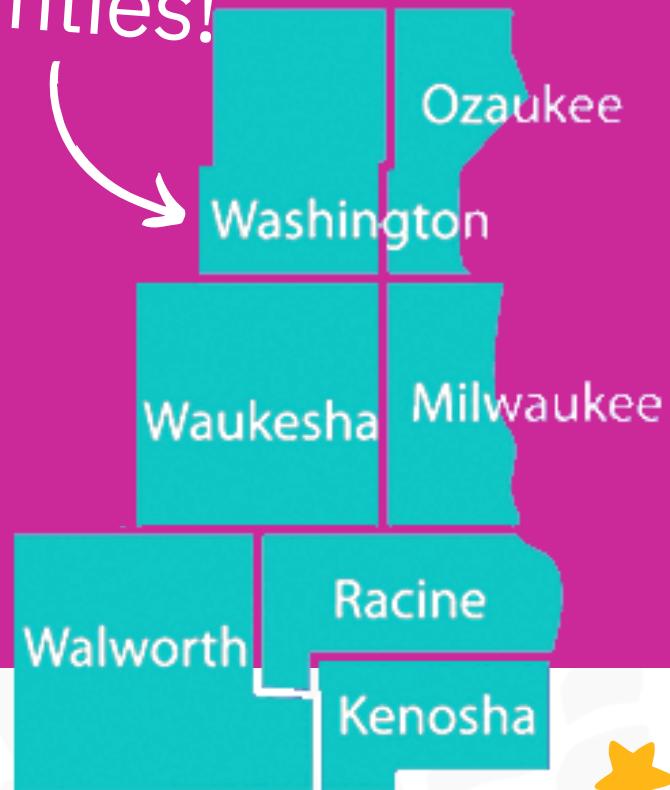


Grades
6th-8th

Participants learn how to:

- Cultivate self-care
- Build teams
- Set healthy boundaries
- Overcome obstacles

2 life-changing programs in 7 counties!



★ Unlocking power & potential!

Girls on the Run has fun, evidence-based programs that inspire all girls to build their confidence, kindness and decision making skills. Dynamic lessons instill valuable life skills including the important connection between physical and emotional health.

Girls on the Run of Southeastern Wisconsin is a non-profit 501(c)(3) organization that inspires girls to be joyful, healthy, and confident using a fun, experience-based curriculum that creatively integrates running. Our after-school program combines physical activity with lesson plans designed to promote positive choices and an active lifestyle. We offer programs at private, public, and parochial schools, as well as community-based locations.



about

SO MUCH MORE

than
just

RUNNING

★ WHY IT MATTERS

Girls' self-confidence begins to drop at age 9



50% of girls age 10-13 experience **bullying**, such as exclusion and name-calling



Named one of the **Most Influential in Health and Wellness** by the National Afterschool Association

Girls on the Run is the only national physically activity-based positive youth development program for girls with compelling evidence of impact. At the season's end, each participant completes a celebratory 5K with a 5K buddy, reinforcing goal-setting and achieving lifelong goals.

UNLOCKING POWER & POTENTIAL

97% of participants learned critical **life skills** for conflict-resolution & decision-making.

95% of girls reported feeling **more confident**.

The U.S. **Surgeon General** recently highlighted the urgent need to address the nation's youth mental health crisis **and specifically recommends Girls on the Run!**

Program Structure & Volunteers



Program Structure

- Girls on the Run offers two 8-week seasons, spring and fall.
- Programming is delivered by trained coaches in small teams of 8-20 girls.
- Teams meet twice a week for 75-90 minutes.
- The season ends with teams completing a service project and a celebratory 5K!

We welcome coaches from all backgrounds, ages, abilities, and gender identities. Coaches do not have to be runners or have previous coaching experience—they just need the passion to change girls' lives!

Site Liaison

All sites must have one (1) Site Liaison that works closely with GOTR staff and serves as a link between their site's administration, coaches, parents/guardians, and participants. The Site Liaison is responsible for determining practice dates and times, securing practice space, and recruiting coaches and girls. During the season, the Site Liaison makes sure that all aspects of the program are running smoothly by checking-in, attending practices frequently, and attending the end-of-season event. The site liaison can also be a coach.

Coach

All sites must have a minimum of two coaches per team at each practice. Coaches facilitate the Girls on the Run curriculum and work closely with the program participants and site liaison. Coaches are responsible for preparing and delivering the weekly lessons, in addition to communicating with parents/guardians. Coaches can coach one or two days per week. The expected time commitment is 2-4 hours per week, in addition to attending the end-of-season event. A coach can also be a site liaison.

Site Liaison Requirements

- 21 years or older and associated with the site as a staff member, parent/guardian, etc.
- Complete a site application on the GOTR SEWI website
- Complete an online volunteer application and background check
- Complete the Girls on the Run National Coach Training
- Communicate with the GOTR SEWI office throughout the season as needed

Coach Requirements

- 18 years or older
- Complete an online volunteer application and background check
- Complete the Girls on the Run National Coach Training
- One coach per practice is required to be CPR and First Aid certified



SAVE THE DATE

ADELINE MONTESSORI

Kentucky Derby FAMILY BRUNCH

Sunday, April 26, 2026



Brunch Buffet
Drink Packages
Wine Pull



Silent Auction
Raffle prizes
Community Cheer!



Ways You Can Help

- **Sponsor the Event:** Help cover event expenses such as catering, décor, and entertainment.
- **Donate an Auction Item:** Contribute goods, services, or experiences for our silent auction.
- **Volunteer:** Offer your time and energy to help with event setup, activities, or logistics.

Sponsorship Opportunities



Run for the Roses Sponsor - \$2,500

The premier level - leading the pack with exceptional support.

- Reserved table for 8 guests
- Top-tier name/logo recognition on event signage, program, social media, and school communications
- Special acknowledgment during the event program



Jockey Club Sponsor - \$500

Reliable supporters who keep us on track.

- 2 complimentary event tickets
- Name/Logo in the event program
- Social media acknowledgment

Derby Day Sponsor - \$1,500

For supporters who help keep our momentum strong.

- 4 complimentary event tickets
- Name/logo featured on event signage and social media
- Name/Logo in the event program

Mint Julep Friend - \$150

Community supporters cheering from the rails.

- Acknowledgment in the event program
- Social media acknowledgment

Every Gift Makes A Difference

Every contribution - large or small - makes a meaningful impact in helping us build a lasting educational home for our children. We are happy to pick up donations directly from you, or they may be sent to:

**Adeline Montessori School
995 S Sawyer Road
Oconomowoc, WI 53066**

As a non-profit 501(c)(3) organization, all donations are tax-deductible. If you're interested in sponsoring, donating, or volunteering, please contact us at gala@adelinemontessori.com.

Your support helps create a permanent space where curiosity, kindness, and lifelong learning can flourish.

